Forest Way School
Food Technology Thematic Learning Journey

Post 16

Pathways Years 12 & 13
- Life choices
- Life skills
- Vocational

Transition options

Key Stage 4

Cycle 1
- Autumn: Global food
- Spring: Simple Meals
- Summer: Healthy snacks/ light bites

Cycle 2
- Autumn: Simple Meals
- Spring: Fruits Vegetables and Salads
- Summer: Lunches

Cycle 3
- Autumn: Global food
- Spring: Lunch Party Foods
- Summer: Eat Well plates

Cycle 4
- Autumn: Home grown
- Spring: Healthy Snacks on the go
- Summer: Simple Meals

Key Stage 3

Cycle 1
- Autumn: Home Grown
- Spring: Healthy Eating
- Summer: Baked Goods

Cycle 2
- Autumn: Picnics/ food waste
- Spring: Healthy Eating
- Summer: Soup

Cycle 3
- Autumn: Bread
- Spring: Healthy Snacks
- Summer: Salads and Soups

Cycle 4
- Autumn: Picnics
- Spring: Dips and Dippers
- Summer: Bread

Key Stage 2

Cycle 1
- Autumn: Fruits and Vegetables
- Spring: Global Foods
- Summer: Drinks and Snacks

Cycle 2
- Autumn: Breakfasts
- Spring: Baked Goods
- Summer: Food and Different Cultures

Cycle 3
- Autumn: Fruits and Vegetables
- Spring: Drinks and snacks
- Summer: Healthy Snacks

Key Stage 1

Cycle 1
- Autumn: Bread

Food technology is included in Physical Development and Understanding the World, providing a sensory platform for children to explore nutrition and cooking. By playing and exploring ingredients and engaging in actively with food preparation children learn to apply logical thinking. Integrating food technology with other expressive and practical forms provides way for children to develop the fine motor skills and curious mindset to progress across all areas.

EYFS