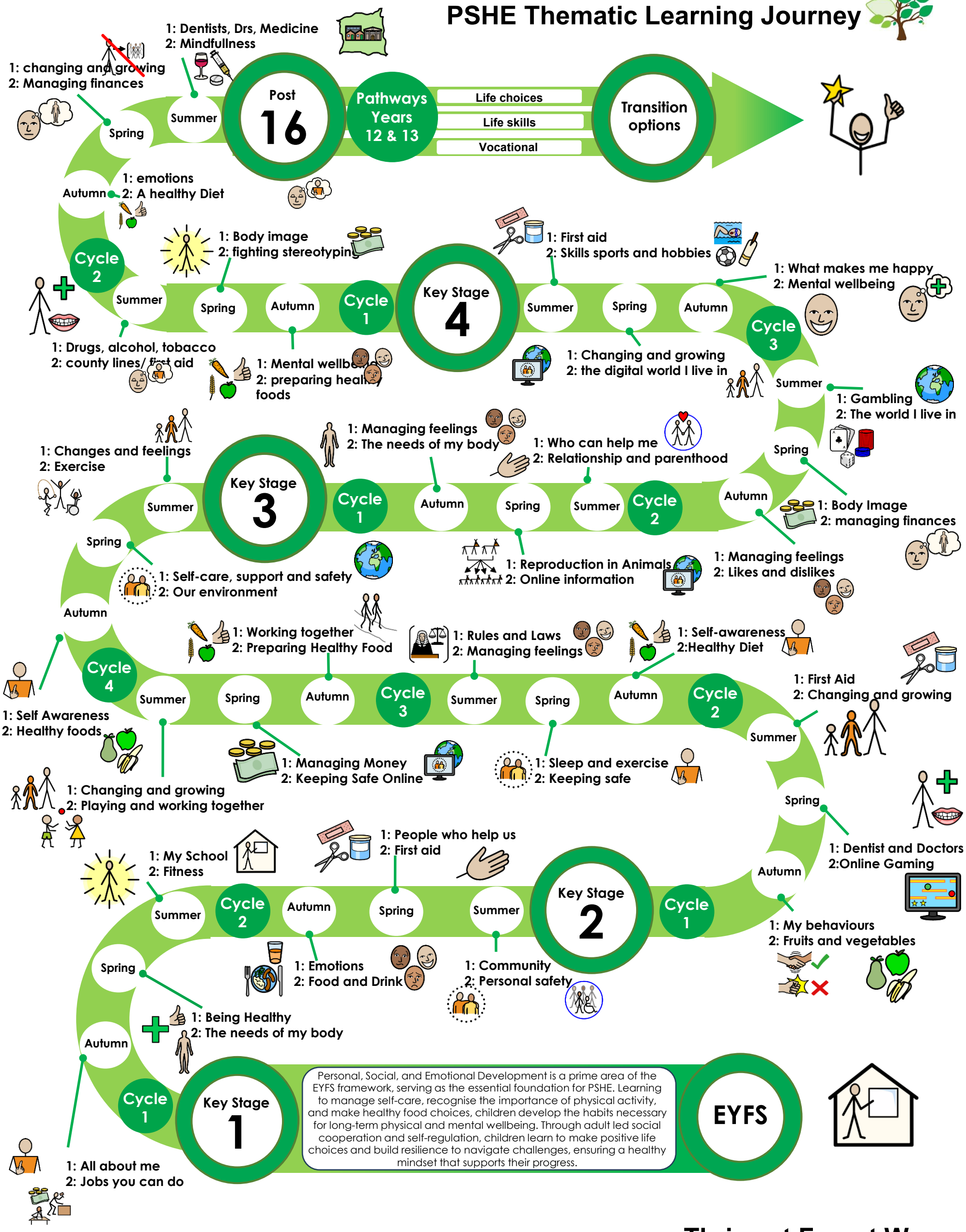
Forest Way School
PSHE Thematic Learning Journey



Personal, Social, and Emotional Development is a prime area of the EYFS framework, serving as the essential foundation for PSHE. Learning to manage self-care, recognise the importance of physical activity, and make healthy food choices, children develop the habits necessary for long-term physical and mental wellbeing. Through adult led social cooperation and self-regulation, children learn to make positive life choices and build resilience to navigate challenges, ensuring a healthy mindset that supports their progress.

Thrive at Forest Way