

Local groups and organisations for SEN children and their families/carers



Coalville Support Group

Support group for kinship carers, special guardians, or anyone raising family's children.

They meet on the 2nd Friday of the month, 10.00am-12.00pm

Venue: Marlene Reid Centre, 85 Belvoir Road, Coalville, Leicestershire, LE67 3PH

Contact Debbie Hancox for more information: 07900 505055

Plenty 2 Cook—Social Supermarket

Food market on Wednesdays 9.00am to 2.30pm and Thursdays 9.00am to 2.30pm

Fill your bag with fresh fruit and vegetables for just £1. A range of other fresh and frozen produce available at low cost. Also live cooking demonstrations, and a community café.

Venue: Marlene Reid Centre, 85 Belvoir Road, Coalville, Leicestershire, LE67 3PH

ASD Coffee Mornings

Are you a parent, grandparent, carer or family friend of someone with Autism? If so...why not come and join us for a cuppa and a chat! Everyone welcome! Last Friday of the month (term time only) 10am to 12 noon

Venue: Kirby Muxloe Free Church, Main Street, Kirby Muxloe, LE9 2AN Contact –

Contact Rox on 0116 2874517

Charnwood Saturday Club

For children between 5 and 9 years old and on the Autism Spectrum. Run by ASPIRE Lifeskills, sponsored by Miracles to Believe in. Cost: £15 per session

Venue: Loughborough Town Centre

Contact Viv Boulton or Steve Parkinson—email: aspirelifeskills@hotmail.co.uk

ADHD Solutions

Organisation provides information, help and support for children, young people and adults and families of children with ADHD. Membership gives you access to courses, regular newsletters, discounted activity days and youth club sessions, discounted venue hire and use of the sensory room (£5 per hour). There are support groups out in the community in Blaby, Lutterworth, Coalville, Hinckley, Market Harborough and Loughborough.

Venue: St Gabriel's Community Centre, Kerrysdale Ave., Rushey Mead, Leicester LE4 &GH

Contact Tel: 0116 261 0711 Email: info@adhd solutions.org website: www.adhd solutions.org

360 Play Hub & Leicestershire Parent Carer Forum

360 Play have arranged a SEN session once a month and the LPCF have been able to set up a little hub at the venue enabling parents to get together. Katie and Diane chair the meetings that last for about 20 minutes, the purpose being to pass on information relating to the LPCF, gain views and feedback on issues, sometimes on behalf of LCC, listen to points of concern that parents may be experiencing and to offer support. We are a small group that is growing, and we welcome new members.

When – last Friday of the month, 6.30pm to 8.30pm - £6 per participant, Parent/Carer are Free

Venue: 360 Play, Meridian Leisure Park, Lubbethorpe Way, Leicester LE19 1JZ

Contact Debbie Hancox for more information: 07900 505055

Spirit at Play – Horse Centre

This is a non-horse riding centre which focuses on helping children interact with six horses on the ground. It is for people of all abilities. The latest project called Families United is designed for children with additional needs and their siblings.

Venue: Ashlands Road, Illston on the Hill, Leicester LE7 9EG

Contact Tel: 07904 053899 Email: info@spiritatplay.org.uk Website: spiritatplay.org.uk

Jungle Madness

Soft Play suitable for up to 12-year olds. Occasional SEND sessions but friendly staff suggested visiting on a Monday and Tuesday 4.30pm to 6.30pm. They realise most children don't even want two hours and say if you want to come along at about 6pm for just the last 30 minutes when it is quieter – let them know and you can attend without charge.

Venue: Jungle Madness, Church Street, Donisthorpe, Swadlincote DE12 7PX

Contact Tel: 01530 272203

FTM Dance

Offer both children's and adult services, As well as dance, drama and music and creative therapies and summer playscheme.

Venue: Leicester, Loughborough and Melton Mowbray

Contact Tel: 07543 068872 Email: ftmdance@gmail.com Website: www.ftmdance.co.uk

ASD Family Swimming Sessions

Free swimming sessions for families with a child/young person with ASD. Sessions paid for by LAS/Miracles to Believe In. When – Every Saturday of the year apart from Bank Holiday Weekends, 2pm to 4pm.

Venue: Bosworth Community Sports College, Leicester Lane, Desford LE9 9JL

Contact John Brotherhood Tel: 01455 286167 or 07896 519816

Jigsaw for Families—Lego Club

For young people aged 5+ years with ASD diagnosis or on the pathway for diagnosis. This is run by volunteers so parent/carer supervision is required. This club is run When – 2nd Saturday of each month, 11am to 12.30pm. Cost –£2 per participant

Venue: Blaby Methodist Church, Winchester road, Blaby LE8 4HL

Contact Donna Johnson Email: leicestershireautisticsociety@gmail.com

Disabled Swimming

Session is for all ages looking to build their water confidence for disabled people of those with long term medical or health conditions. Children under 8 years old must be accompanied by a parent/guardian or adult over 18 years, with a maximum of 2 children per 1 adult. Children under 5 years old swim for FREE Thursdays 7.15 to 8.15pm

Venue: Whitwick & Coalville Leisure Centre, Stephenson Way, Coalville LE67 3FE

Contact Tel: 01530 811215

SANE

SANE is a leading UK mental health charity improving quality of life for anyone affected by mental illness. They run a telephone helpline, support forum and text message support service.

SANEline Service - you can leave a message on 07984 967 708 giving your first name and a contact number, and one of their professionals or senior volunteers will call you back as soon as practicable.

You can also email at support@sane.org.uk and they will respond as soon as possible.

Contact Tel: 07894 967708 Email: support@sane.org.uk Website: www.sane.org.uk

Mental Health Matters

The Leicestershire & Rutland Mental Health Wellbeing & Recovery service has been established to help people who are struggling with mental health problems, as well as their carers by providing advice, information and support. They can help you to maintain and improve your emotional and mental wellbeing and help you to live a meaningful and valued life within the community.

Contact 24 Hour Helpline—0300 323 0187

Autism Friendly Film Screenings

Soft lighting, lowered volume, only 2D films, no trailers, you can also bring your own food and drink and are free to move around the auditorium.

Showcase Cinema , Highcross, Leicester LE1 4SD - Every second Sunday of the month at 10.00am

Odeon Cinema: Freeman's Park, Aylestone Road Leicester LE2 7LT - Once a month on Sunday mornings

Vue Leicester, Meridian Leisure Park, Lubbethorpe Way, Leicester LE19 1JZ - The last Sunday of the month at 10.00am

Relaxed and signed theatre performances

Relaxed and British Sign Language interpreted performances are invariably available for week-long shows and the family pantomime, they will be identified in their season brochure and on the individual show page on the website.

Venue: De Montfort Hall, Granville Road, Leicester LE1 7RU

Contact Website: www.demontforthall.co.uk Booking Office: 0116 233 3111

Relaxed performances are available for children, young people and adults with autism, learning difficulties and other sensory or communication needs. This includes changes to lighting and sound and a relaxed attitude to movement and audience responses. See website for upcoming relaxed performances.

Venue: Curve, Rutland Street, Leicester LE1 1SB

Contact Website: www.curveonline.co.uk/relexed-performances/ Box Office: 0116 242 3595

Useful Facebook Groups

Leicestershire Autistic Society

A private group for support, information and advice for families and professionals dealing with autism

Leicestershire EHCPs

A private group for Leicestershire parents to support each other with the EHCP Process

Leicestershire Support for Families Caring for Special Needs Children

A private group for families to share information, advertise events or ask questions, anything which is helpful to families specific to Leicestershire.

Leicestershire SEND hub

A private group run by the Parent Carer Forum for Leicestershire

