LTS CATERING SERVICES

CONTAINS 50% fruit

ALL DISHES Freshly Prepared
Using seasonal and local produce

ALL OUR Bread Baked daily
by our school chefs

STAY hydrated fresh water
Always available

FRESH FRUIT & Yogurt

OUR MENUS MEET ALL THE GOVERNMENT FOOD BASED STANDARDS.

FOOD FOR LIFE GOLD SERVER HERO Soil Association

*Please follow the dates to find out which menu your school is on each week

WEEK 1*

2021: 23rd August, 13th September, 4th October, 25th October, 15th November, 6th December,
2022: 3rd January, 24th January, 14th February, 7th March, 28th March, 18th April, 9th May, 30th May, 20th June, 11th July.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION ONE	NEW Organic Beef Chilli	NEW Toad in the Hole	Roast Loin of Pork & Apple Sauce	Margarita Pizza	Fish Fingers or Salmon Fingers
OPTION TWO	NEW Homemade Vegetable Pasty	Vegetarian Sausage Toad in the Hole	NEW Cheese & Baked Bean Puff	Roasted Pepper Pizza	Quorn Dippers
OPTION THREE	Jacket Potato with Baked Beans (VEGAN)	Jacket Potato with Cheese	Jacket Potato with Tuna	Jacket Potato with Chicken Mayonnaise	Jacket Potato with Cheese & Coleslaw
CARBS	Fluffy Rice Roast Potatoes	Parsley Potatoes ½ Jacket Potato	Creamy Mashed Potatoes	½ Jacket Potato Jewelled Cous Cous	Chips Minted Potatoes
VEGETABLES	Roasted Vegetables Sweetcorn	Peas Cauliflower	Carrots Broccoli	Sweetcorn Green Beans	Baked Beans Peas
SALAD BAR	Salad Bar Selection				
BREADS	Assorted Breads				
FRUIT	Fresh Fruit Platter/Yoghurt				
DESSERTS	NEW Rhubarb & Custard Cake Strawberry Whip	NEW Apple Berry Fool Shortbread Biscuit	Oatie Fruit Crunch & Custard Cheese & Biscuits	NEW Dutch Apple Cake Iced Bun	Vanilla Ice Cream Flapjack

WEEK 2*

2021: 30th August, 20th September, 11th October, 1at November, 22nd November, 13th December,
2022: 10th January, 31st January, 21st February, 14th March, 4th April, 25th April, 16th May, 6th June, 27th June, 18th July.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION ONE	NEW Organic Minced Beef Casserole with Dumplings	Roast Chicken & Stuffing	Sausage in Onion Gravy	Macaroni Cheese	Battered Fish
OPTION TWO	NEW Vegetable Casserole with Dumplings	Roast Quorn Fillet & Stuffing	Vegetable Sausage in Onion Gravy	NEW Leek & Butter Bean Crumble	Vegetable Nuggets (VEGAN)
OPTION THREE	Jacket Potato with Chicken Curry	Jacket Potato with Cheese and Beans	Jacket Potato with Tuna Mayonnaise	Jacket Potato with Vegetarian Chilli	Jacket Potato with Cheese
CARBS	Roast Potatoes	Parsley Potatoes	Creamy Mashed Potatoes Pasta in Tomato Sauce	Garlic Bread	Chips Fluffy Rice
VEGETABLES	Green Beans Carrots	Peas Cauliflower Cheese	Medley of Roasted Vegetables Green Beans	Broccoli Carrots	Baked Beans Sweetcorn
SALAD BAR	Salad Bar Selection				
BREADS	Assorted Breads				
FRUIT	Fresh Fruit Platter/Yoghurt				
DESSERTS	NEW Banana Cake Berry Cheesecake	Chocolate Sponge & Chocolate Sauce Butterscotch Whip	Lemon Drizzle Cake Oat Cookie	NEW Orange Jelly with Mandarins Cherry Shortbread	Strawberry Ice Cream Crispy Cake

WEEK 3*

2021: 6th September, 27th September, 18th October, 8th November, 29th November, 20th December,
2022: 17th January, 7th February, 28th February, 21st March, 11th April, 2nd May, 23rd May, 13th June, 4th July, 25th July.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION ONE	Organic Meatballs in a Homemade Sauce	Garlic Mushroom Pizza	NEW Roast Beef & Yorkshire Pudding	Chicken & Vegetable Pie	Fish Fingers or Salmon Fingers
OPTION TWO	NEW Carrot Bites in a Homemade Tomato Sauce	Margarita Pizza	NEW Mixed Bean Tagine (VEGAN)	Creamy Vegetable Pie	Vegetable Fingers (VEGAN)
OPTION THREE	Jacket Potato with Cheese & Coleslaw	Jacket Potato with Baked Beans	Jacket Potato with Chicken Mayonnaise	Jacket Potato with Beans & Coleslaw	Jacket Potato with Tuna
CARBS	½ Jacket Potato Fluffy Rice	Pasta Shells Parsley Potatoes	Roast Potatoes Fluffy Rice	Creamy Mashed Potatoes ½ Jacket Potato	Chips Pasta Shapes in a Homemade Tomato Sauce
VEGETABLES	Carrot Rounds Broccoli	Cauliflower Roasted Courgette	Peas Mashed Swede	Sweetcorn Green Beans	Baked Beans Minted Peas
SALAD BAR	Salad Bar Selection				
BREADS	Assorted Breads				
FRUIT	Fresh Fruit Platter/Yoghurt				
DESSERTS	NEW Peach & Raspberry Crumble & Custard Chocolate & Sweet Potato Brownie	NEW Banana Cupcake NEW Fresh Fruit salad	Rice Pudding Orange Drizzle Cake	NEW Apple Sponge & Custard Chocolate Crunch Cookie.	Vanilla Ice Cream Cherry Shortbread