

# Week 1

2025: 25 August, 8 September, 22 September, 6 October

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Vegetable Jalfrezi served with Rice and Peas (V)(VG)	Turkey Lasagne	Roast Pork served with Stuffing & Apple Sauce	Chicken Burger served in a Salad Bun	Fish Fingers with lemon wedge
Option 2	Home-made Margarita Pizza Slice (V)	Roasted Vegetable Lasagne (V)	Quorn Casserole and Herby Dumpling (V)	Vegetable Burger Served in a Salad Bun	Veggie Nuggets (V)
Option 3	Jacket Potato with choice of filling	Jacket Potato with choice of filling	Jacket Potato with choice of filling	Jacket Potato with choice of filling	Jacket Potato with choice of filling
CARBS	Savoury Rice Herby Diced Potato	Jewelled Couscous Home-Made Garlic Bread	Crispy Roast Potatoes Yorkshire pudding	Roasted Potato Wedges Pasta Salad	Chips Half Jacket Potato
VEGETABLES	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Baked Beans Garden Peas
SALAD BAR	Mixed Salad Selection				
BREADS	Assorted Breads				
FRUIT	Fresh Fruit Platter/Yoghurt				
DESSERTS	Cheesecake (V) or Jammy Biscuit (V)	Sticky Chocolate Orange Cake (V) or Shortbread Biscuit (V)	Banoffee Traybake (V) or Orange Jelly (V) (VG)	Mixed Berry Sponge (V) or Oaty Lemon Biscuit (V)	Ice Cream (V) or Cherry Flapjack (V)



Forest Way School

# Week 2

2025:1 September, 15 September, 29 September, 13 October

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Creamy Tuna and Tomato Pasta Bake	Farm Assured Pork Sausages	Roast Chicken and Stuffing	Mexican Meatballs served with Rice	Battered Fish with Lemon Wedge
Option 2	Mac 'n' Cheese	Vegan Sausages (V)(VG)	Vegetable Wellington (V)	Vegetarian Mexican Stuffed Peppers (V)	Quorn Dippers (V)(VG)
Option 3	Jacket Potato with choice of filling	Jacket Potato with choice of filling	Jacket Potato with choice of filling	Jacket Potato with choice of filling	Jacket Potato with choice of filling
CARBS	Home-Made Garlic Bread Herby Diced Potato	Creamy Mash Potato	Crispy Roast Potatoes	Mexican Cheese Bread Mexican Rice	Chips Half Jacket Potato
VEGETABLES	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Baked Beans Garden Peas
SALAD BAR	Mixed Salad Selection				
BREADS	Assorted Breads				
FRUIT	Fresh Fruit Platter/Yoghurt				
DESSERTS	Pineapple Upside-down Cake (V) or Strawberry Whip (V) (GF)	Carrot Cake Muffin (V) or Chocolate Orange Biscuit (V)	Lemon Drizzle Cake (V) or Nut-Free Cherry Bakewell (V)	Pear Sponge (V) or Shortbread Biscuit (V)	Ice Cream (V) or Cornflake Tart (V)



Forest Way School